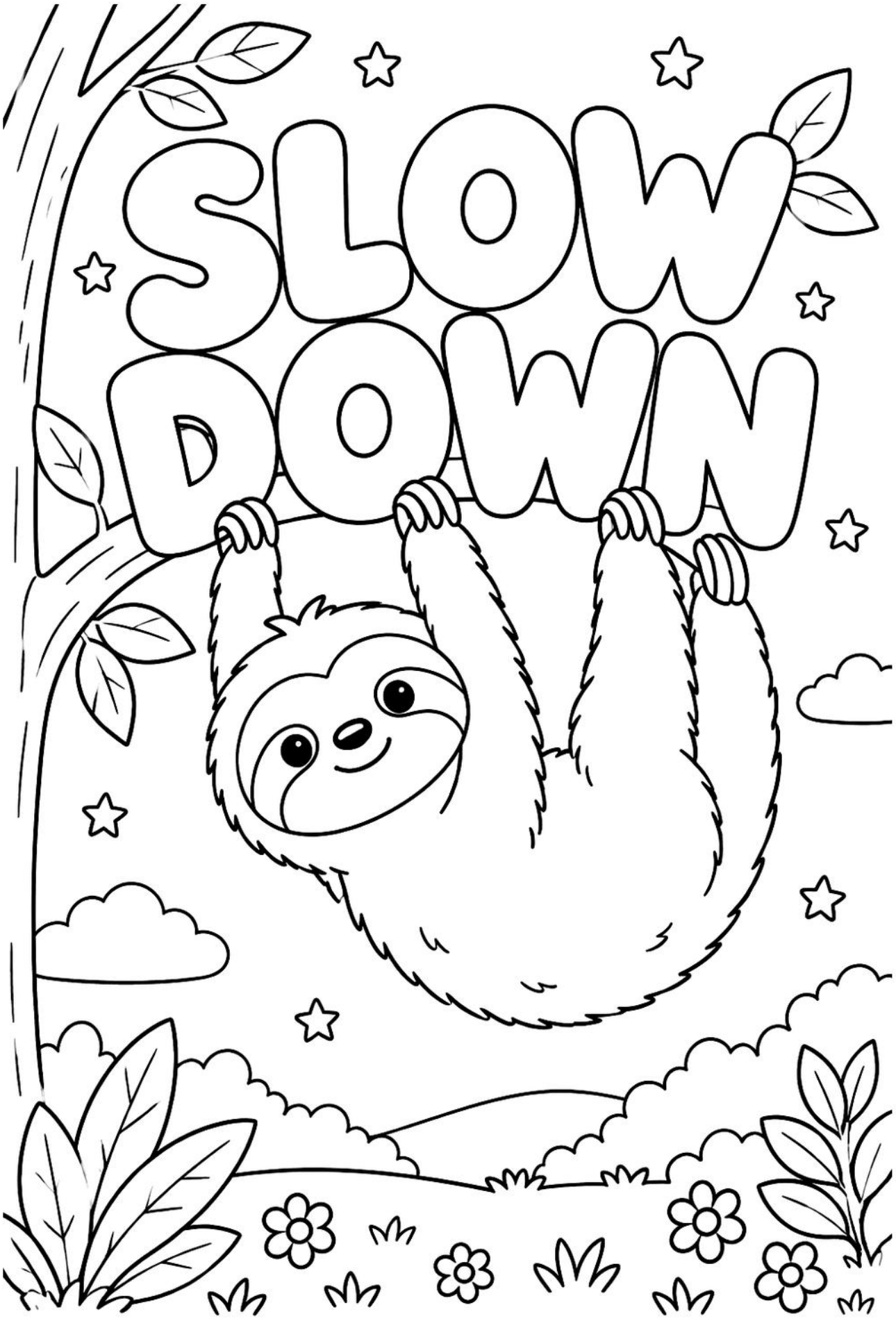
SLOW
DOWN